

Trail Ride Camps:

2011 Dates

May 20-22

July 25-30 During Burwell Rodeo and Fair Week. (First come first serve).

Come two three or however many days you choose during this week. There is also a big group trail ride during the rodeo and anyone can ride in the grand entry of the Rodeo each night and in the parade on Sat.

What we will do?

This will be sort of like the mini clinic on Wednesdays at my place with a free trail ride, just more than one day. If you come for a Wednesday mini clinic you can also stay in our bunkhouse as long as it has not been previously reserved.

There will be individual or group lessons as requested by each of you. I would like at least a 3 hours of instruction on the first and second days. The rest of those days are free to trail ride or do as you please. I will guide you on the trail rides the first two days for free, however, there is a \$10/horse fee to ride on any private land I take you on.

The third day is free to do as you please as well. Or go home if you like. Or if you want to stay and ride on Mon. again, that is ok too. The only charge would be the lodging, stalls, and meals if needed.

I will guide you on the trail rides the first two days, then on the third day on Sun. you are free to go to places on your own according to the permission of land owners, or free to ride on any government land that I show you. I may ride with you on the third day too for fun, and there will be no charge from me. However, the land owner fees apply if you ride on private land and it is \$10/horse.

Of course time schedules and days are always flexible to change. Nothing is ever set in stone, so if you want to ride the whole second day and do lessons the third day, I am not a dictator, I am here to serve you and meet your needs as best as I can.

Can I just come to trail ride without a lesson? Yes, you can come to just trail ride without lessons and stay in the bunkhouse and board your horse here, as long as I have nobody here for lessons and I am not on the road. So if there is a date that works for both of us we have some nice trail riding around here. I have comfortable space for 4 people and 4 horses. I can do more but that must be agreed upon by all of us after the conditions and expectations are clear and understood.

COST:

The price of the scheduled camps will vary depending on how many people come, sharing rooms or not, and whether you provide your own food or not. After I have a number and we have decided on food, rooms etc. Then I will send out an invoice with your balance.

With lessons the estimated cost of a three day trail ride camp is between \$250-\$550 depending on meals, if you come the night before, and how many people come. The \$250 quote is if you only stay two nights and there are 5 people with no meals provided. If you come during the Burwell Rodeo or a special requested date and do not want any lessons then just the lodging and stall fees apply.

Send a \$150 non-refundable deposit to reserve your spot in a camp. The deposit may be transferrable one time to another camp within one year, in case of a real emergency, upon our approval only.

Break down of costs:

Instruction:

Private instruction will be \$25/hour/person

Group instruction will be as per the website for a mini clinic:

1/2 day mini clinics: 3 hrs.

3 people - \$70/each

4 people - \$60/each

5 people - \$50/each

I am flexible on the 3 hours, we may do longer at no extra cost up to 4 hours.

Sherry's Bunkhouse Prices:

1 Person \$35/night

2 People \$70/night

3 people \$90/night

4 people \$112/night

Divide the price among however many people stay.

Meals:

Bring your own meals (all lodging has cooking facilities) or

Breakfast Buffet \$6.00

(fruit, bagels, cereal, hard boiled eggs, drinks)

Lunch: Sandwich Bar: \$8.00

(bread, meats, cheeses, fruit/ veg, chips, drinks)

Supper on your own:

(cook in bunkhouse or go to town 1 mile away)

Or do all the meals on your own.

Horse Stalls \$10/night/horse

(does not include hay, bring your own water and feed buckets)

Lease Horses \$25/day (I must be present at all times when you ride my horse)

Tax not included in above prices: there is no tax on instruction

If you go to Calamus Outfitters for lodging because there are too many for my bunkhouse: They are about 15 miles from my place.

Calamus Outfitter Prices:

Lodging \$40/night/person

3 Hot Homemade Meals: \$25/day/person

Again you can do your own meals there as well, they have a kitchen.

Horse Pens \$10/night/horse (again no hay provided, bring own buckets)

Snyder Street Cottage:

Or there is a cottage to rent only 1 mile from my place which is real nice.

Only \$65/night for two people. \$10/ for each additional person.

What if the weather gets bad? If the weather turns bad we may have cowgirl up or we can go out to Calamus Outfitters to use the indoor arena or go to Ord, to ride, and there is a charge for using the indoor arenas. However, since this is for trail riding, I guess we will bundle up and go anyway. So bring appropriate clothing. The good thing is our footing stay pretty good even in rain because of the sand.

Let me know as soon as possible if you are interested in attending a scheduled camp, so I can make the reservations at Calamus Outfitters if necessary. Calamus Outfitters are usually booked way in advance for Rodeo week, so you must let us know at least by the end of June.

Call me for more info or to schedule a special date: Sherry 308-346-5663

sherry@heartinyourhand.com

About Heart in Your Hand Horsemanship LLC with Sherry Jarvis

82507 465th Ave. Burwell, NE

Sherry grew up near where she now lives. After being gone for nearly 25 years she moved back home in 2003. She has been giving lessons and clinics at her place, but the camps have all been held at Calamus Outfitters her cousin Sue's ranch. However, in 2010 Sherry added a bunkhouse to her property to accommodate the many people who bring horses to her place for her to train or who come for lessons. So the smaller camps will sometimes be held at the new bunkhouse facility. Someday we hope to add an indoor arena as well.

There is a school section to trail ride on, and if you ride down a dirt road for a couple of miles we have access to 1000's of acres of government wildlife management areas where we can ride to our hearts content. Plus we can ride the beaches of the beautiful Calamus Reservoir only 5 miles away.

- *Our Bunkhouse sleeps 4 people comfortably, and more if needed*
- *It is cute, roomy and yet cozy*
- *Kitchen included,*
- *A/C, wireless internet, no TV*
- *Two bedrooms and One bathroom*
- *One bedroom has a queen and single bed, the other has a double bed*

- *There is a futon in the great room for another camper.*
- *Large great room*
- *Nice outdoor Pens or indoor Stalls for your horse*
- *Parking for your horse trailer*
- *Beautiful view of Loup River and Valley*
- *Close to town, only a mile away for shopping & restaurants*
- *Sand hills hospitality with catered cold breakfast and lunches*
- *No pets please. Dogs are not allowed*
- *No Smoking in the Bunkhouse*

Directions: Go west on HWY 96 out of Burwell a little over a mile and there I am on the north side of the road. Sound easy. It is! Here are some land marks for you. There is a gas station called Dads on the very Northwest side of town on HWY 96, stay on the black top, go about a mile (HWY 96) you will come to the Loup River Bridge, the road will take a fairly sharp left, then straighten out. As it straightens out you will nearly be to 465th Ave. Take a right or north. My place is right on the corner. Only place there actually. Horse Corrals out front, white barn, white house with red trim, several other out buildings. Heart in Your Hand Horsemanship Sign on the fence.

ABOUT CALAMUS OUTFITTERS RANCH

near Burwell, NE

The Switzer Ranch, home of Calamus Outfitters, is a fourth generation cattle operation located in the north central Nebraska Sand hills. Blessed with abundant native grasses and ample underground and surface water, the Switzer Ranch is truly located in "God's Cow Country."

Adam & Teresa, Bruce & Sue, Sarah and Mark, will show you a real working ranch, combined with Sand hills hospitality, a comfortable lodge and hearty, home cooked meals.

HC 79 Box 40

Burwell, NE 68823

www.calamusoutfitters.com

Phone: (308) 346-4697

e-mail at hbswitzer@nctc.net

- *Each lodge sleeps up to 20 people comfortably, kitchen included, A/C, Cable TV*
- *5 private bedrooms each with individual full baths*
- *Large great room, suitable for meetings, receptions, reunions*
- *Covered Deck*
- *Evening bon fires and Star gazing*
- *Pens or Stalls for your horse*
- *Parking for your horse trailer*
- *Beautiful view of Calamus Lake and Valley*
- *Whole lodge is handicapped accessible*

- *Small store is also available for snacks etc.*
- *Sand hills hospitality with hot meals each day*
- *No pets please. Dogs are not allowed*
- *No Smoking in the Lodge, Smoking is permitted on the deck.*

Direction to Calamus Outfitters Ranch

16 miles Northwest of Burwell, NE, on Highway 96

-or-

12 miles North of Taylor on Highway 183 then 4 miles East on Highway 96

WHAT YOU WILL LEARN AND EXPERIENCE!

Everything we will be doing will lead to even greater success no matter what discipline or activities you already do with your horse, because it will help you communicate even better with your horse. Your horse will become more willing and therefore your performance will not only be easier but more eye appealing to the judge. Even if you ride speed events your control will improved and thus your speed.

1. Confident leadership. (What it looks and feels like)
2. Saddle fit (How to make your horse and you more comfortable)
3. Mounting & dismounting (How to be safe and graceful)
4. Passenger riding (How to release control)
5. Balanced riding (How to ride in harmony and find your balance point)
6. Lateral flexion (How to get soft bend and suppleness)
7. Pre-flight checks (How to know when you have permission to ride)
8. Go button (How to move forward with ease)
9. Importance of the belly button. (How to use your center effectively)
10. Mental, emotional & physical fitness. (How to bring up life and take back down)
11. Prey/Predator Relationship (How to develop it without resistance)
12. Reading Horses (How to understand behaviors and work with them)
13. Ground Games (How to gain your horses trust & respect)
14. Breathing (How to use it to make transitions)
15. Stopping & Backing (How to get it from the mind to the feet)
16. Side-pass (How to build steps toward lateral success)
17. Leads (How to get them simply with body posture)
18. This-no-That (How to gently get straightness in your horse)
19. Impulsion patterns (How to get your go equal to your whoa)
20. Stick Riding (How to ride your horse without reins)
21. Simulations (Feel what a horse feels)
22. Fears (How to recognize & listen to the wisdom)
23. Confidence (How to develop a frame of mind with authenticity for success)
24. Communication (How to speak a new language with honesty)
25. Ground Games with Obstacles (How to put purpose and creativity into your play)
26. Trail Ride Preparation (Building confidence for you & horse with simulation trail)

27. Trail Ride Games (How to keep your horse interested with purpose on the trail)
 28. Assets for Horsemanship (Discover what assets you possess)
 29. Hindrances to Good Horsemanship (Discover which ones you will throw away)
 30. Habits (How to break them up with imagination, & create desirable ones)
 31. Nuggets of Knowledge (Discover your own blinding flashes of the obvious)
 32. Time Alone with horse (Precious time to really get to know your horse & enjoy)
 33. Challenge Patterns (A little test on the last day to challenge your savvy)
 34. Crossroads (Realizing how you came and how you are leaving)
 35. Dreams & Goals (Finding out what you can accomplish and believe it)
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Our Friendly Warning:

There is always some risk involved in horse training for both you and the horse. Horses can cause serious injury. Be sensible and don't attempt anything that is outside your comfort level.

Any information on this website or that we present through any of our programs are intended to illustrate how we apply our training techniques with success. However you are responsible for using this information wisely. If you don't feel comfortable with your abilities or an exercise, don't do it!

Seek advice or assistance from a professional before attempting things beyond your skill or confidence level. Stay on the "high side of trouble". Keep it natural and above all

KEEP IT SAFE! Warmly, Sherry

Under Nebraska Law, an equine professional is not liable for an injury to or the death of a participant in equine activities resulting from the inherent risks of equine activities, pursuant to this act.

WHAT YOU WILL NEED TO KNOW AND BRING!

1. An open mind & learning attitude.
2. Listening ears, observing eyes, open heart.
3. Plenty of energy.
4. Plastic Water bottle.
5. Your horse, (**This must NOT be a colt or very green horse, unless you are enrolled in the young horse class.** Camps are *not a colt starting class we have separate classes for this.* A person must be able to at least walk and trot on this horse even if you are afraid to do so, someone must be able to do this. **Absolutely No stallions please**) *You can lease a horse for \$25/day including tack..*
6. * Rope tied halters with 12-foot lead, preferable a 22 foot also, if you have one.
7. Natural Hackamore, if you have one.
8. Bareback pad, if you have one.
9. *One or two Horseman Sticks with strings (4 feet long, no whips please)
10. *Saddle & Pad of your choice that fits you and your horse.
11. *Feed for you horse (grain in airtight containers, no paper bags, please)
12. *Hay should of course be a small bale for ease of feeding.

13. *A water bucket for your horse & bungees to tie it with.
14. Any supplements you currently feed your horse.
15. *Your own grooming equipment and supplies.
16. The stalls and pens are sandy no bedding is required.
17. Journal or Diary pens or pencils.
18. Hat, sunglasses, sunscreen, and chap stick for your protection.
19. Insect Repellant just in case.
20. Rain gear, just in case.
21. Both warm and cool clothing, you never know about weather in NE.
22. You favorite snacks, meals are provided and there is a small store on the ranch.
23. Personal toiletries, towels and bedding are provided.
24. *Comfortable boots for riding and maybe shoes also.
25. *Horses must be current on all vaccinations and healthy.
26. Have you horses feet trimmed in advance. (Shoes are not necessary)
27. *Registration must include insurance policy #'s and emergency contact info.
28. Must notify us of any medical conditions in writing. (Form will be provided)
29. *Liability waivers must be signed.
30. Cameras, favorite music CD, or musical instrument if you play (optional)
31. *Flashlight.
32. No dogs allowed.
33. Please notify us if you have any special food needs or allergies.
34. Laptops and cell phones are allowed in lodge. Please leave cell phones in lodge, truck or trailer. **Absolutely no riding your horse with your cell phone turned on, ever!**
35. No smoking in lodge, cabins, or bunkhouse must go outdoors.
36. There are vets nearby we can call in case of an emergency.
37. Arrive between 8:00-9:00 on the first day.
38. If you need to arrive the night before let us know so we can reserve rooms.
39. If you want to stay an extra day that may be arranged also. Just let us know.

* ***Required items***